

# RIDGE CANOE AND KAYAK CLUB OPEN HOUSE

SATURDAY, MAY 26, 2012

11 AM – 4 PM

WHONNOCK LAKE PARK

27871 – 113<sup>TH</sup> Ave.

MAPLE RIDGE

**CANOE, KAYAK, DRAGON BOAT  
PADDLING  
FREE TO THE PUBLIC  
ONE DAY ONLY**

For more information or for registration contact [program\\_coordinator@rckc.ca](mailto:program_coordinator@rckc.ca), or show up ready for some fun on the water!

You won't see an infomercial for THIS fitness plan



Honestly, shouldn't it be FUN to get in shape?  
It is, when you're out paddling on Whonnock Lake.

Never done it? No problem - we'll show you how!

We have a wide range of professionally coached  
canoe and kayak programs for EVERYONE - from  
kids and families, to award-winning athletes.



All ages and skill levels  
welcome.

Hit the water with us this  
summer!

[www.rckc.ca](http://www.rckc.ca)

Email us: [program\\_coordinator@rckc.ca](mailto:program_coordinator@rckc.ca)  
or call 604-826-4051

